

## ACT 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Choose 1 Main + 2 Sides + 1 Sauce or Dip</b>					
	<b>CHICKEN</b>	<b>GRILL</b>	<b>ORIGINALS</b>	<b>SOUTH AMERICAN</b>	<b>ORIGINALS</b>
<b>MAINS</b> Choose 1	Piri piri chicken	Freshly made beef burger, bun & salad	Grilled pork sausage with gravy	Peruvian style chicken & green sauce	Freshly battered hoki <b>OR</b> Oven baked breaded pollack Oven baked salmon nuggets
<b>or 1 Veggie</b>	Lightly spiced bean & vegetable burritos	Beetroot & carrot burger, bun & salad	Grilled quorn sausage	Baked peruvian stuffed sweet potato with green sauce	Quorn hot dog
<b>SIDES</b> Choose 2	Lightly spiced oven baked diced potatoes Roasted spicy half corn on the cob Coleslaw	Lightly spiced oven baked potato wedges Mixed salad Coleslaw	Creamy mashed potato Garden peas Fresh glazed carrots	Wholegrain braised rice Roast butternut squash & peppers Mixed salad	Oven baked chips Garden peas & carrots Red cabbage coleslaw salad
<b>SAUCES &amp; DIPS</b> Choose 1	Light mayonnaise and salad dressing (available for all mains)				
	Light mayonnaise Piri piri dipping sauce	Tomato ketchup Burger relish	Light mayonnaise Salad dressing	Guacamole Sour cream	Tomato ketchup Tartare sauce

## ACT 2

<b>Salad Pick 'n' Mix</b>					
Choose a range of mains, toppings, sauces, dressings and bread					
<b>SALAD MAIN</b>	Mixed salad Coleslaw Roasted sweet pepper & pasta salad Simple beetroot salad	House salad Coleslaw Lightly spiced rice & pepper salad New potato salad	Green salad Simple rocket salad Tomato, onion & basil salad Green bean & carrot salad	Green salad Moroccan green pepper & tomato salad Moroccan green slaw Moroccan chickpea & sweetcorn salad	House salad Coleslaw Simple grated carrot salad New potato salad
<b>TOPPING</b>	Oven baked croutons, oven baked baguette croutons, baked tortilla croutons				
<b>SAUCE</b>	Light mayonnaise, lemon mayonnaise, garlic & herb mayonnaise				
<b>DRESSING</b>	Salad dressing, honey, mustard & lemon dressing, sesame soy dressing, sweet chilli dipping sauce				
<b>BREAD</b>	A selection of freshly baked bread available daily				

### Why not add a dessert to your meal?

<b>DESSERT</b>	Choice of fresh red & green apples, oranges and bananas Seasonal fruit salad pot, black & green grape pot, mixed melon pot
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