

Curriculum Intent

Oasis Food for Students

Food preparation and nutrition's vision for Oasis Coulsdon is based around knowledge and skills learnt through both theory and practical lessons. It is designed that students have a love of cooking which will lead to a deep understanding of nutrition allowing them to make healthy choices throughout their lives. The subject should:

Practical knowledge – to understand how they can still eat their favourite foods but by combining different ingredients and using different options they can choose to eat healthier. To not rely on convenience foods which are often high in fat, salt and sugar. To develop an interest in other cultures food.

Theory knowledge – to have a deep understanding of how different nutrients and the use of the Eat Well Guide can help to avoid health issues later in life, for them to understand what they eat now does matter in later years. How this knowledge can be passed onto their family which in turn will help them lead a healthier life. How knowing the science behind food will aid them with other subjects e.g. Science and PE.

In Food we aim to promote a wide range of skills which they will be able to use throughout their life. We aim that students of all abilities will be able to independently produce a range of dishes. They will be encouraged to show creativity in what they make and not be put off by new challenges. We want to encourage them to not be afraid of trying new things and promote their curiosity towards things they have never tried before. Improving communication and literacy skills are important which is reflected in the new KS3 booklets that both year 7 and 8 are using.

Oasis Food for Teachers

This curriculum has been designed by highly knowledgeable teachers to be used in a professional and informative approach. Our planning has been informed by AQA's specification, research, common sense and experience. We co-plan all aspects of the curriculum and totally support each other.

Oasis Food for School Leaders

Oasis Food allows the school leaders the peace of mind that the teacher have in-depth subject knowledge which is delivered with passion and enthusiasm. Assessments are completed for end of topics, interleaving is utilised through DIN's, go-formative and Oasis 10's.