

IF YOU ENJOYED READING AND STUDYING ABOUT HEALTH AND SOCIAL CARE, WHY DON'T YOU...?

WHY DON'T YOU...?

Watch this:

Putting someone in the recovery position

This video demonstrates how to put a person in the recovery position. This could save their life while waiting for an ambulance or medical help to arrive.

<https://www.youtube.com/watch?v=YTt1SHRmRSg>



Read this:

Exam style question strategies:

To provide a detailed, logical answer to 6- and 10-mark questions, you need to structure your paragraphs.

MEAL is an example of a simple paragraph structure you can use.

[BTEC-National-HSC_Paragraph-Structures_Unit-1-Meal.pdf](#)



Log onto this:

Health and Social Care

This website has an array of exciting information, career options and ideas linked to Health and social care.

<https://libguides.bolton.ac.uk/health-and-social-care/websites>

The University of Bolton Library

Do this:

volunteer to help out at a local elderly day centre:

Use the website below to help you find a day centre in your area. You can contact them and arrange a time and day that you can visit and gain valuable work place experience.

<https://www.ageuk.org.uk/services/in-your-area/day-centres/>



Revise from this:

BBC Bitesize

All of the topics we are learning about in your Health and social care lessons have a revision section on Bitesize.

<https://www.bbc.co.uk/bitesize>



BITESIZE