

IF YOU ENJOYED READING AND STUDYING ABOUT HEALTH AND SOCIAL CARE, WHY DON'T YOU...?

YEAR11

*Watch this: Panorama
Crisis in Care Follow the Money*

This video investigates the issues that are surrounding the rise in cost of care homes in England, who benefits and where the money goes.

<https://www.youtube.com/watch?v=0KxcFtPRRbE>



*Read this:
[preparing to work in adult social care.pdf](#)*

This link will take you to an informative leaflet that discusses a career in the adult care setting.

<chrome-extension://efaidnbmnnnibpcajpcglclefindmkaj/https://fdslive.oup.com/www.oup.com/oxed/nt/preparing%20to%20work%20in%20adult%20social%20care%20level%20%20-%20unit%201%20student%20book%20pdf.pdf?region=uk>



*Log onto this:
[NHS Social care and support guide](#)*

This site gives you a view into the day-to-day living support that is available because of illness or disability. This website explains your options and where you can get the provision required.

<https://www.nhs.uk/conditions/social-care-and-support-guide/>



*Do this:
5 minute Butterfly meditation*

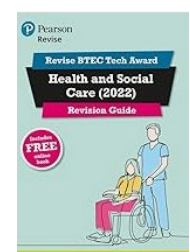
Try this meditation technique to support you during the yr11 exam pressure. This strategy can be passed on to people with in the health care profession to help support mental health.

<https://youtu.be/LqgBSsWT45M>



*Revise from this:
[Pearson REVISE BTEC Tech Award Health and Social Care 2022 Revision Guide](#)*

All of the topics we have cover during the past 2 years have 1 or 2 pages of concise material to support your revision.



WHY DON'T YOU...?