

IF YOU ENJOYED STUDYING **SELF-CARE**, WHY DON'T YOU...

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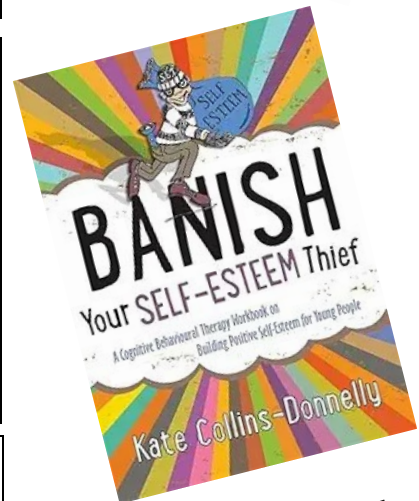
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Build confidence and self-esteem with this fun and effective workbook for young people.



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