

| Week | Lesson Themes | Tasks for home |
|------|---|--|
| 1 | 1 Sub cellular structures | The lessons through this link Particular focus on Plant Cells, Animal cells, animals as organisms and the respiratory system https://classroom.thenational.academy/units/cells-tissues-and-organs-03b2 |
| | 2 Cells, Tissues and organs | |
| | 3 The lungs | |
| | 4 Breathing | |
| 2 | 1 Gas exchange | The lessons through this link Particular focus on breathing and the musculoskeletal system https://classroom.thenational.academy/units/biological-systems-and-processes-bf5a |
| | 2 The Heart | |
| | 3 The Circulatory System | |
| | 4 The skeletal and muscular system | |
| 3 | 1 Careers: Physiotherapy | https://www.bbc.co.uk/bitesize/articles/zr3b7nb |
| | 2 Aerobic Respiration | The lessons through this link Particular focus on Aerobic respiration and Anaerobic respiration https://classroom.thenational.academy/units/biological-systems-and-processes-bf5a |
| | 3 Anaerobic respiration | |
| | 4 Exercise and respiration | |
| 4 | | |
| 4 | Revision | Revise using knowledge organisers, booklets and homework booklets issued throughout the year |
| | Revision | |
| | Revision | |
| | End of year assessment | |
| 5 | 1 Mini Quiz | The lessons through this link focusing on lessons 1 – 3 https://classroom.thenational.academy/units/infection-and-response-4f71 |
| | 2 Communicable and non-communicable disease | |
| | 3 Microorganisms | |
| | 4 Pathogens | |
| 6 | 1 Antibiotics | The lessons through this link focusing on lessons 4 – 6 https://classroom.thenational.academy/units/infection-and-response-4f71 |
| | 2 Human defences | |
| | 3 Vaccinations | |
| | 4 Health, drugs and lifestyle changes | |
| 7 | 1 Revision | Revise for end of unit assessment using your booklet and homework booklet https://www.bbc.co.uk/bitesize/topics/znyyadm |
| | 2 End of topic assessment | |
| | 3 | |
| | 4 | |