

<p>How do I protect my child from getting messages from strangers on Snap Chat and What's App?</p>	<p>https://help.snapchat.com/hc/en-gb/articles/7012343074580 this article is an easy to follow way of ensuring your child's Snapchat is only accessible to the people that they want to have.</p>
<p>If my child gets an inappropriate photo sent to them from someone, what should I do?</p>	<p>(NSPCC) – one source of good advice on what to do/how to deal with inappropriate content If your child has seen inappropriate content online, you can:</p> <ul style="list-style-type: none"> • talk with them about what they've seen – let them know what is, and isn't, appropriate for their age. • they may have questions about what they've seen – you can get support for yourself by contacting the NSPCC helpline to support you with tackling difficult conversations. • find out how they came across the content so that you can minimise the risk in future e.g. by blocking certain sites and setting up parental controls, or educating your child about following links. • reassure them they can come to you, another trusted adult or Childline if they're worried about something. • get advice on setting up parental controls and make sure you review them regularly to ensure they are right for your family. • avoid 'sharenting' or sharing explicit or inappropriate content you've seen online to raise awareness. Sharing content of physical or sexual abuse is illegal and can be upsetting to the child and others who come across it. • report any inappropriate, illegal, explicit, identifying or distressing content to CEOP through their website.
<p>How can I prevent my child from buying add ons in apps and getting big bills?</p>	<p>Lots of guidance on how to do this – it's a concern for many parents and carers. Below are examples of how to restrict buying 'add ons' for Apple and Android.</p> <p>For Apple How to use Screen Time to disable in-app purchases (apple) To turn on Screen Time, go to Settings > Screen Time, then tap Turn on Screen Time. If you already use Screen Time, skip to step 3. iPhone Settings with "Turn On Screen Time" selected Tap Continue, then choose "This is My [device]" or "This is My Child's [device]".</p>

	<p>If you're the parent or guardian in your device and want to prevent another family member from changing your settings, tap Use Screen Time Passcode to create a passcode, then re-enter the passcode to confirm. After you confirm your passcode, enter your Apple ID and password. This can be used to reset your Screen Time passcode if you forget it.</p> <p>If you're setting up Screen Time on your child's device, follow the prompts until you get to Parent Passcode and enter a passcode. Re-enter the passcode to confirm. After you confirm your passcode, enter your Apple ID and password. This can be used to reset your Screen Time passcode if you forget it.</p> <p>Make sure you choose a passcode that's different from the passcode you use to unlock your device.</p> <p>Find out what to do if you forget your Screen Time passcode.</p> <p>Tap Content & Privacy Restrictions. If asked, enter your passcode, then turn on Content & Privacy Restrictions.</p> <p>Tap iTunes & App Store Purchases.</p> <p>Tap In-app Purchases and set to Don't Allow.</p> <p>iPhone Settings screen with In-app Purchases set to "Don't Allow"</p> <p>Android</p> <p>How to Disable In-App Purchases on Android</p> <p>Open Google Play.</p> <p>Open Settings.</p> <p>Go to "User Controls"</p> <p>Choose "Set or Change PIN" and pick your PIN.</p> <p>Go back to User Settings and activate "Use PIN for Purchases."</p>
<p>The algorithms on Tik Tok keep bringing up inappropriate content on their feed? How can i prevent this? (Age of pupil unknown)</p>	<p>Algorithms play a huge part in the way that content is driven to your devices. This is especially true for young people. There are a few steps that can be taken to reduce the potential for 'inappropriate' content. One thing to do is to make sure the correct birthday is on the app. This will tell the AI the age range of the user. Putting in older ages will drive more mature content. You can also train the AI to understand what the user wants to see</p> <p>Change user preferences throughout the app – don't miss this! VERY FEW parents know about these critical steps:</p>

	<p>Click the profile circle in the upper left corner.</p> <p>Click the settings gear in the upper right.</p> <p>Scroll down to “Clear Cache” and restart the app. Repeat the first 2 steps.</p> <p>Scroll down to “Manage” under “Additional Services.”</p> <p>Click “Ad Preferences” -> toggle off all 3 of the preferences.</p> <p>Click the back arrow in the upper left.</p> <p>Click “Lifestyle & Interests.”</p> <p>Toggle off anything that you think isn’t appropriate for your child. Toggle on anything you want your child to see more of.</p> <p>Again, Snapchat is a learning app. It will take a couple of weeks, but the combination of these bullets, plus the bullets above related to Discover, will train the app what to show your kid.</p>
<p>My child seems to have an addiction to being on their X Box, to the point its affecting their sleep. What support is available to them?</p>	<p>All addictions need professional advice, support and information. One site that can signpost you to help is https://www.ukat.co.uk/addiction/behavioural/gaming/ - this one gives advice on what to do about gaming, but the site can help with many other addictions. If in doubt, contact the school DSL who will be able to help.</p>
<p>I keep changing the settings on my child's game to disable chat, but they seem to know how to switch them back on. How can I stop this?</p>	<p>Using the settings and applying passcodes is one of the easiest ways to restrict young people from changing settings. One option would be to discuss with your young person on why they are doing it, who they are talking to and do they know them. It will allow the young person an opportunity to explain why they do it.</p>
<p>Sometimes my child speaks to their friends from school online and arrange to meet up (we know the friends and have met them). We wonder whether this is safe, as they might not be who they say they are?</p>	<p>Friends lists can be extensive, and many people in there wont be know directly by the young person. Think of it as a spiders web. One person connects with someone, they know more people and connect with them, they know more and the connect. And on and on. Talk to your young person about who they ‘actually’ know and why they have so many friends. If they have a particular group they talk with, just ask them to check it is who they think they are.</p>
<p>My child wants to join Tik Tok but they aren't 13. Lots of their friends are on Tik Tok who are also under 13. Do you have any advice on how to handle this?</p>	<p>A completely subjective decision on whether a parent allows a young person on to social media. The age ratings are there for a reason, but peer pressure is strong. Talk to your child about why they want it, give them a chance, use the advice in previous questions (settings and profiles) and monitor.</p>

<p>We monitor our child's messages on their phone and sometimes don't understand the abbreviations they use, is there anywhere we can find out the regularly used abbreviations and also emoticon chat?</p>	<p>Far too many emoji's to put on here as there are literally thousands – and all can have different interpretations. This site https://blog.hootsuite.com/emoji-meanings/ is a great place to start if you want to find out more about the meaning of an emoji.</p>
<p>The rating for a game our child wants to play is 18 cert game (Call of Duty) but they are only 14. Is this illegal?</p>	<p>PEGI is the system by which games and apps are age rated to provide guidance to parents as to whether they are appropriate for their children. The PEGI rating considers the age suitability of a game, not the level of difficulty. It's ratings are the suggested MINIMUM AGE at which a game should be played. Some games that are older in the PEGI rating do have settings which can be changed to reduce the level of bloodshed or violence. To find out more about games use sites like https://www.common sense media.org/ which can give you a rounded overview of appropriateness.</p>